



Sep 2018

# Transplant Families- Midwest

Welcome to Transplant Families-Midwest. Our Chapter is a branch of the Transplant Families regional. We provide Hope, Inspiration and Education for families that are pre-transplant, who have just been listed, or are post-transplant. Feel free to check out our website <http://transplantfamilies.org> as well as follow us on Facebook at <https://www.facebook.com/transplantfamilies/> We will be holding our first Informational and Educational meeting at Ann and Robert H. Lurie Children's Hospital on October 6. We will also be at the Lurie Transplant picnic that is held every year. Please stop by so we can answer any questions you may have and provide information about what we do and how we can help you.

## Current Information



September is Pediatric Cardiomyopathy Awareness month. Cardiomyopathy is the number one reason for sudden cardiac death and transplants in children. Join us in helping raise awareness for cardiomyopathy Here are some ways you can help raise awareness <http://www.childrenscardiomyopathy.org/site/awareness-month.php>



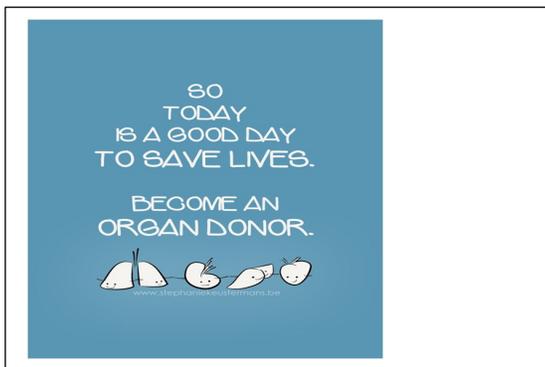
Mid-America Transplant., which is part of Donate life has helped to dispel transplant myths <https://www.midamericatransplant.org/learn/myths-misconceptions/>, so if you hear any of these come up in conversations you will know how to respond!



Is your child currently newly post-transplant? We have celebration boxes available on request. We currently have boxes available for preschoolers and teen/tweens. These boxes are to help you celebrate coming home from transplant and contain a t-shirt, pillow case to color and some other fun items. Let us know if you would like one and we can get that out to you! All of the celebration boxes are free and are funded through

donations and are powered by Shoogie box.

Please contact Stacy at [skh@cobaltjacket.com](mailto:skh@cobaltjacket.com) or Christina at [christinapayton@gmail.com](mailto:christinapayton@gmail.com) or Jen at [jcliff16@gmail.com](mailto:jcliff16@gmail.com) for more information.



## Upcoming Events

Save the Date

Transplant Families will be at the Transplant picnic Sept 16 that Lurie Children's Hospital has each year.

We are hoping to raffle off some more "guts." We haven't decided which ones yet, so stop on by to see which guts we have and to get a chance to win a "gut" of your own, as well as to see what we can do for you and your child!



Many people in Illinois have Kidney disease and aren't even aware. We wanted to let you know about this free service that is happening all over Illinois, from the National Kidney Foundation of Illinois

<http://www.nkfi.org/kidney-mobile/calendar#.W42FpC2ZOMJ> Mobile screenings are happening from Sept-November. All you need to do is a

urine or blood test to put your mind at ease. If you have any friends in Illinois, be sure to tell them as well!

On October 6<sup>th</sup> we will be having our first Transplant Families Informational. We will have presenters talking about how to stay healthy during cold and flu season as well as what to do if your child does come down with an illness while pre or post-transplant. We will also be serving lunch with this and allowing time to converse with other transplant families. The event will be

starting at 10:30 and we plan for it to run approximately 1 hour. Find us on the 11<sup>th</sup> floor at Lurie Children's in Chicago. Please follow us on Facebook to keep up with us and for details about this and other upcoming events! <https://tinyurl.com/TFmidwest>



We also want to highlight Make-A-Wish America, who we have partnered with. Their Walk for Wishes is Sept 30 in Busse Woods. Transplant Families-Midwest has set up a team page to walk this year. If you're available, we would love to see you there! We are highlighting this now so that you have time to sign up here: <http://site.wish.org/goto/txfamilies-midwest>

Registration is at 9 am, the event is at 10 am!